



The Logos Centre

Tees, Esk and Wear Valleys **NHS**

NHS Foundation Trust

INTERMEDIATE CBT COURSE

OCTOBER 2010 - JANUARY 2011

8 MODULES:

18 & 19 October 2010 15 & 16 November 2010
13 & 14 December 2010 17 & 18 January 2011

Who is the Course for?: Suitable for those who have completed the CBT Foundation Course. This course focuses on review, formulation & current cognitive behavioural and allied approaches to specific conditions. The course includes both theory & skills practice.

Course Requirements: Candidates are advised to review material from the CBT Foundation course, especially concepts on formulation & cognitive and behavioural techniques. They should be able to engage clients through the process of Socratic dialogue.

Aims of the Course:

1. To provide a strong foundation of cognitive behavioural therapy assessment and intervention.
2. To prepare candidates to deliver individual 1-1 CBT under supervision.

Time: 9.15 am Registration 9.30am – 4.30 pm

Venue: Appletree, Lanchester Road Hospital, Lanchester Road, Durham, DH1 5RD

Location & Parking: Free parking on site. Lanchester Road Hospital is situated on the A691 heading towards Consett from Durham (see Trust website for map/directions (www.tewv.nhs.uk))

Course Fee: £525, to include handouts & refreshments (excluding lunch)

Course details: Tel: 0191 241 4523
Fax: 0191 245 3802
www.logoscentre.co.uk

Registration: **Registration forms to be submitted to:**
Email: logostraining@benchcom.co.uk
Logos Training
c/o Benchmark Communications Ltd
14 Blandford Square
Newcastle upon Tyne
NE1 4HZ Fax Number: 0191 245 3802



The Logos Centre

REGISTRATION FORM
INTERMEDIATE CBT COURSE
OCTOBER 2010 - JANUARY 2011

First Name(s):

Surname:

Job Title:

Email address:

Organisation and Department:

Address:

POST CODE:

Your contact details:

Phone:

Fax:

Please send a cheque for £525 - payable to Benchmark Communications Ltd.

OR pay on-line by credit card at www.logoscentre.co.uk

Please Note: If you cancel your booking 14 days prior to the course date, you will be refunded the course fee minus a £20 admin charge. Candidates cancelling within less than 14 days will be charged the full course fee

How did you hear about the course?

Please indicate if you have any specific requirements – vegetarian / disabilities

Registration forms to be submitted to:

logotraining@benchcom.co.uk

Logos Training

c/o Benchmark Communications Ltd

14 Blandford Square

Newcastle upon Tyne

NE1 4HZ

Fax Number: 0191 245 3802