



The Logos Centre

Tees, Esk and Wear Valleys **NHS**

NHS Foundation Trust

TWO DAY MASTER CLASS IN TRAUMA

Thursday 31 March and Friday 1 April 2011

NICE guidelines for PTSD recommend Cognitive Behaviour Therapy as one of the key treatment options. The course has been devised to present the Cognitive Management of Trauma

- anyone working with clients suffering Trauma and interested in understanding the treatment principles (psychiatrists, psychologists, nurses, GPs, occupational therapists, counsellors and health care workers)
- step-by-step guidance using the CBT techniques of exposure, behavioural experiments and Imagery to access complex cognitive and emotional processes
- effective techniques derived from clinical practice
- will look at CBT work from Type I Trauma (recent single event) to Type II Trauma (multiple trauma e.g. abuse)

Course Tutor: Dr. Sally Standart, Psychiatrist at Newcastle CBT Centre and specialist in trauma focussed CBT, is one of the regional/national figures in PTSD therapy with extensive clinical, teaching and supervisory experience in the area

Date: Thursday 31 March and Friday 1 April 2010

Time: Registration 9.15 am 9.30 am start – 4.30 pm close

Venue: Allergate House, Belmont Business Park, Belmont, Durham, DH1 1TW (ground floor of Corepeople Recruitment) – Directions can be downloaded from www.logoscentre.co.uk/venues

Parking: There are plenty of free parking spaces at Allergate House

Course Fee:

Full Price: £180 for non-TEWV employees - including handouts, lunch & refreshments

Discount Price: £150 for employees of Tees Esk & Wear Valleys NHS Foundation Trust to cover the costs of lunch & refreshments – handouts provided

TEWV NHS Foundation Trust employees will need to apply for Study Leave using the Trust's Study Leave procedure & documentation

Course Details: Tel: 0191 241 4523 Fax: 0191 245 3802
www.logoscentre.co.uk

Registration: Registration Forms to be submitted to:
Email: logostraining@benchcom.co.uk
Logos Training
c/o Benchmark Communications Ltd
14 Blandford Square, Newcastle upon Tyne, NE1 4HZ

REGISTRATION FORM
2 day Master Class in Trauma

Thursday 31 March and Friday 1 April 2011

First Name(s):

Surname:

Job Title:

Email address:

Organisation and Department:

Address:

POST CODE:

Contact details:

Phone:

Fax:

Please send a cheque for £180 - payable to Benchmark Communications Ltd

OR apply on-line at: www.logoscentre.co.uk

Please Note: If you cancel your booking 14 days prior to the course date, you will be refunded the course fee minus a £20 admin charge. Candidates cancelling within less than 14 days will be charged the full course fee

How did you hear about the course?

Please indicate if you have any specific requirements:

any allergies / vegetarian or other diet / disabilities

Registration forms to be submitted to:

logostraining@benchcom.co.uk

Logos Training
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Fax Number: 0191 245 3802