



The Logos Centre

## **NAVIGATING THE MINEFIELD:**

The assessment and treatment of 'simple' and 'complex' psychological trauma in CBT

**Wednesday 25<sup>th</sup> & Thursday 26<sup>th</sup> April, 2012**

### **Aims and objectives**

- To understand the diagnosis, nature and phenomenology of psychological trauma
- Offer clinicians a comprehensive overview of the assessment of psychological trauma (e.g. type I and type II / single and multiple event trauma, PTSD and other associated responses) including psychometric evaluation
- Outline detailed intervention procedures (e.g. imaginal exposure, cognitive restructuring and working with traumatic memories)
- Introduce the latest treatment developments for working with trauma (e.g. incorporating DBT skills, imagery techniques and EMDR)
- Consideration of the future direction of the PTSD diagnosis

**Who is this course for?** Suitable for anyone wishing to develop their knowledge and skills of working with individuals presenting with difficulties associated with traumatic experiences. Knowledge and experience of working in a CBT framework would be advantageous but not essential. The course may particularly appeal to professionals such as nurse therapists, psychologists, GPs, psychiatrists, high intensity IAPT workers, social workers and community based staff.

**Course Tutor:** Gill Green, Cognitive Behaviour Therapist at The Logos Centre and Specialist Clinical Practitioner in Psychological Trauma, has extensive clinical, teaching and supervisory experience in the field of trauma. She has worked in a variety of settings including Ministry of Defence, independent sector and adult mental health. She also played a key role in the establishment and development of Defence Medical Services Psychological Injuries Unit.

**Time:** Registration - 9.15 am - 9.30 am start – 4.30 pm close

**Venue:** Allergate House, Belmont Business Park, Belmont, Durham, DH1 1TW (ground floor of Corepeople Recruitment) – Directions can be downloaded from [www.logoscentre.co.uk/venues](http://www.logoscentre.co.uk/venues)

**Parking:** There are plenty of free parking spaces at Allergate House

**Course Fee:** Full Price: £180 to include lunch, refreshments and handouts  
TEWV Trust staff – free place, to include the above

**Registration:** Registration forms to be submitted to:  
[www.events.benchcom.co.uk/logostraining](http://www.events.benchcom.co.uk/logostraining)  
Logos Training  
c/o Benchmark Communications Ltd  
14 Blandford Square  
Newcastle upon Tyne  
NE1 4HZ

## REGISTRATION FORM

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First Name(s):

Surname:

Job Title:

Email address:

Organisation and Department:

Address:

**POST CODE:**

Contact details:

Phone:

Fax:

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**Please send a cheque for £180 - payable to Benchmark Communications Ltd**

**OR apply on-line at [www.logoscentre.co.uk](http://www.logoscentre.co.uk)**

**Please Note: If you cancel your booking 14 days prior to the course date, you will be refunded the course fee minus a £20 admin charge. Candidates cancelling within less than 14 days will be charged the full course fee**

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**How did you hear about the course?**

**Please indicate if you have any specific requirements:**

**any allergies / vegetarian or other diet / disabilities**

**Registration forms to be submitted to:**

[logotraining@benchcom.co.uk](mailto:logotraining@benchcom.co.uk)

Logos Training  
c/o Benchmark Communications Ltd  
14 Blandford Square  
Newcastle upon Tyne  
NE1 4HZ

Fax Number: 0191 245 3802